

Essential Information

All walks start at 10:15am unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk. On Saturday the walks finish mid-afternoon, after the Bridgend Centre has closed for the day, so please bring a packed lunch and/or some snacks. **Please note that the Saturday walk in July starts at the Lord Clyde pub in Kerridge.**

In addition to these walks, the Bollington Walking Festival will take place from 21st to 29th September, with a wide and varied programme of walks and walking-related events. More information can be obtained from www.bollingtonwalkingfestival.co.uk or pick up a leaflet at the Bridgend Centre and other venues.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.

Boot rating for walks



Easy: No steep climbs and taken at a gentle pace



Moderate: May have steep climbs, but if they do they will be taken at a gentle pace



Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace



Strenuous: Will include several climbs and/or will be a long distance at a brisk pace



Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

Bridgend Centre Walks



Guided walks in and around Bollington

July—September 2019







Walks organised by the Bridgend Centre in Bollington on Wednesday every

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311—info@bridgendcentre.org.uk - www.bridgendcentre.org.uk

We are a registered charity. Charity no: 1123287

Bridgend Walks Calendar July—September 2019

<i>Date</i>	<i>Walk Description</i>	<i>Length</i>	<i>Boot rating</i>
Wednesday 3rd July	Green Lane, Long Lane, the Windmill pub	3 miles	
Saturday 6th July	The fields of Prestbury and Mottram St Andrew from the Lord Clyde pub. PLEASE NOTE THAT THIS WALK STARTS FROM THE LORD CLYDE PUB IN KERRIDGE	10 miles	
Wednesday 10th July	Bollington Well Dressing Walk – a walk to explore the dressed wells of Bollington well dressing festival	5 miles	
Wednesday 17th July	Secret Cottage walk - Macc Canal, the Hole and the Middlewood Way	5 miles	
Wednesday 24th July	Up Nancy, along the ridge and back through Ingersley Vale	4.5 miles	
Wednesday 31st July	Butley Town, Dumbah Hollow and the Middlewood Way	4.5 miles	
Saturday 3rd August	Macclesfield Forest via Rainow and Lamaload	10.5 miles	
Wednesday 7th August	Hedgerow, Harrop, Further Harrop	5 miles	
Wednesday 14th August	Follow our Nostalgia Hill Race Route up Hedgerow, over Bakestonedale Moor and back via Macclesfield Canal	7 miles	
Wednesday 21st August	Water and steam via Adlington	6 miles	
Wednesday 28th August	Higher Hurdsfield and back	5 miles	
Wednesday 4th September	Around Kerridge	3.5 miles	
Saturday 7th September	Hedgerow, Bakestonedale Moor, Birchenclyffe, Macclesfield Canal, Styperson Pool	8 miles	
Wednesday 11th September	Pott Shrigley, Rainowlow and Savio	4.5 miles	
Wednesday 18th September	Long Lane, Styperson Pool, Canal and Middlewood Way	3.5 miles	
Wednesday 25th September	Kerridge, Clarke Lane, Dumbah Hollow, Butley Town	5 miles	