Essential Information

All walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those talking part do so at their own risk.



Boot rating for walks

| | | | | Easy: No steep climbs and taken at a gentle pace |
|------------|----------|------------|--|--|
| (4) | @ | | | Moderate: May have steep climbs, but if they do they will be taken at a gentle pace |
| (4) | | (4) | | Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace |
| () | | | | Strenuous: Will include several climbs and/or will be a long distance at a brisk pace |
| | | ∰ | | Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk |

Bridgend Centre Walks Wednesdays





Guided walks in and around Bollington April to June 2024

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311—info@bridgendcentre.org.uk - www.bridgendcentre.org.uk

We are a Charitable Incorporated Organisation (CIO). Registered charity no: 1123287

Bridgend Walks Calendar April to June 2024

| | | Length | Boot rating |
|-----------------|---|-----------|-------------|
| 3rd April 2024 | As the Crow Flies - Higher Hurdsfield, Swanscoe and return via fields and the canal (Heritage Trail 6) | 5.5 miles | A A |
| 10th April 2024 | Bordering Brink Brow - Climb up to Bakestonedale Road via Berristall Hall and return through the Harrop Valley | 5.5 miles | |
| 17th April 2024 | Rainow and Rainowlow (shortened version of Heritage Trail 4) | 4 miles | A A |
| 24th April 2024 | In the shadow of Nancy - Ingersley, White Nancy and Kerridge | 3.5 miles | |
| | | Length | Boot rating |
| 1st May 2024 | The one on the other side of the road - Macclesfield canal, Bollington Cross, Tytherington and return via Kerridge | 5 miles | A A |
| 8th May 2024 | Woods and Wildflowers - Hedgerow, Harrop and Further Harrop (Heritage Trail 2) | 5 miles | |
| 15th May 2024 | Travelling in time - Head over the fields to Adlington and return via Whiteley Green (Heritage Trail 7) | 5.5 miles | 0 0 |
| 22nd May 2024 | Up the Nab and back through Savio | 3.5 miles | |
| 29th May 2024 | Digging through the past - Hedgerow, Pott Shrigley, Macclesfield canal and Styperson (Heritage Trail 5) | 6.5 miles | |
| | | Length | Boot rating |
| 5th June 2024 | Highways and Secret Byways - Ingersley Vale, Rainow and Oakenbank (Heritage Trail 4) | 4.5 miles | |
| 12th June 2024 | Bee Happy - Green Lane, Long Lane, and the Windmill pub (Heritage Trail 1) | 3 miles | |
| 19th June 2024 | Written in Stone - Around Kerridge (Heritage Trail 3) | 3 miles | |
| 26th June 2024 | Pott Shrigley, Rainowlow and Savio (shortened version of Tree Trail 4) | 4.5 miles | |

