Bollington 'Walks for Health' is a programme of short, easy guided walks in and around Bollington designed to encourage new walkers. They provide a great opportunity to enjoy some exercise and meet people.

The walks on this programme are weekly on a Monday morning at 10:15am.

There are different start points around Bollington and surrounding areas each week on a rotational basis. All the walks are easy, approximately 2 miles in length, with no stiles and only gentle or short slopes/steps to climb or go down.

Some surfaces and paths we travel on can be rough, uneven or muddy so we do recommend you wear sturdy shoes and appropriate clothing for the weather conditions. You may like to bring a drink.

There is a small charge of £2.

These walks have been planned and organised by the Bridgend Centre. A certain basic level of fitness is required to do these walks so please ring the Bridgend Centre if you require any guidance or more information.

All those taking part do so at their own risk and should take into consideration their ability to walk unaided, bearing in mind the boot rating of the walk and the weather conditions on the day.



Bridgend Centre at the of our community

Bridgend Centre
104 Palmerston Street
Bollington
Cheshire
SK10 5PW
www.bridgendcentre.org.uk
info@bridgendcentre.org.uk

We are a Charitable Incorporated Organisation
Registered charity no: 1123287

Bridgend Centre at the of our community

Walks for Health

October 2026 to March 2027



Short guided walks in Bollington and surrounding areas

Mondays
Open to all - £2 per walk

Bridgend Centre Walks for Health October 2026 to March 2027

Monday 5th October - 10:15am
Sweet Kitchen Café, Crossfield Road (SK10 5EA)

Monday 12th October - 10:15am
Jackson Lane, near the Car Park (SK10 5BE)

Monday 19th October - 10:15am
Whiteley Green, Holehouse Lane Car Park (SK10 5SR)

Monday 26th October - 10:15am
Macclesfield Riverside Car Park (SK10 2SL)

Monday 2nd November - 10:15am
Bridgend Centre (SK10 5PW)

Monday 9th November - 10:15am
Adlington Road Car Park (SK10 5JT)

Monday 16th November - 10:15am
Sweet Kitchen Café, Crossfield Road (SK10 5EA)

Monday 23rd November - 10:15am
Jackson Lane, near the Car Park (SK10 5BE)

Monday 30th November - 10:15am
Whiteley Green, Holehouse Lane Car Park (SK10 5SR)

Monday 7th December - 10:15am
Macclesfield Riverside Car Park (SK10 2SL)

Monday 14th December - 10:15am
Bridgend Centre (SK10 5PW)

Monday 21st December - 10:15am
Adlington Road Car Park (SK10 5JT)

Monday 4th January - 10:15am
Sweet Kitchen Café, Crossfield Road (SK10 5EA)

Monday 11th January - 10:15am
Jackson Lane, near the Car Park (SK10 5BE)

Monday 18th January - 10:15am
Whiteley Green, Holehouse Lane Car Park (SK10 5SR)

Monday 25th January - 10:15am
Macclesfield Riverside Car Park (SK10 2SL)



Monday 1st February - 10:15am
Bridgend Centre (SK10 5PW)

Monday 8th February- 10:15am
Adlington Road Car Park (SK10 5JT)

Monday 15th February - 10:15am
Whiteley Green, Holehouse Lane Car Park (SK10 5SR)

Monday 22nd February - 10:15am
Macclesfield Riverside Car Park (SK10 2SL)

Monday 1st March - 10:15am
Bridgend Centre (SK10 5PW)

Monday 8th March - 10:15am
Adlington Road Car Park (SK10 5JT)

Monday 15th March - 10:15am
Sweet Kitchen Café, Crossfield Road (SK10 5EA)

Monday 22nd March - 10:15am
Jackson Lane, near the Car Park (SK10 5BE)