

Bridgend guided walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed overleaf. If you are unsure of your level, try a short and easy walk first. We also run short 'walks for health' on a Monday morning, for which a separate leaflet is available.

Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear & clothing. It is also advisable to bring a drink on the walks.

Saturday walks are longer and more challenging than Wednesday walks and take a full day. Please wear suitable footwear and clothing and bring adequate food and drink for a full day's walking. Bring a packed lunch for the lunch stop.

Dogs are welcome to join us on most walks. If dogs are not allowed on any of the walks, it will be indicated on the walk information.

All those taking part do so at their own risk and should take into consideration their ability to walk unaided, bearing in mind the boot rating of the walk and weather conditions on the day.



Boot rating for walks	
	Easy: No steep climbs and taken at a gentle pace
	Moderate: May have steep climbs, but if they do they will be taken at a gentle pace
	Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace
	Strenuous: Will include several climbs and/or will be a long distance at a brisk pace
	Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk



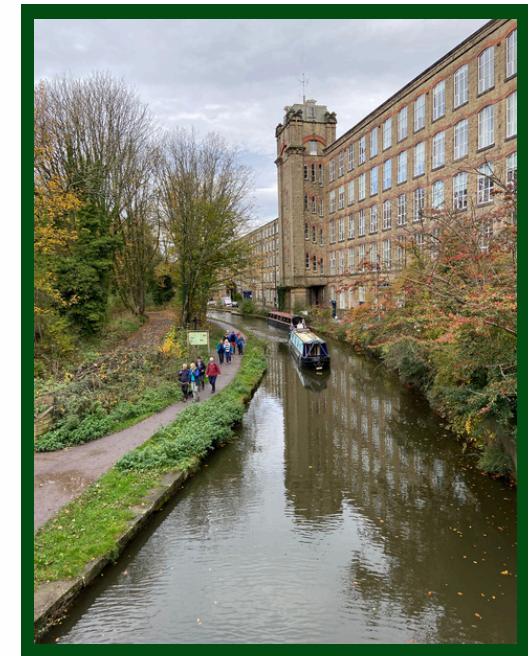
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We are a Charitable Incorporated Organisation
Registered charity no: 1123287



Bridgend Guided Walks

January to March 2026



Guided walks on
Wednesdays and Saturdays

Open to all - £3 per walk

Bridgend Centre Guided Walks January to March 2026

Wednesday 7th January

'As the Crow Flies'

Higher Hurdsfield and Return

5.5 miles 2 boots

Wednesday 14th January

'Highways and Secret Byways'

Ingersley Vale, Rainow and Oakenbank

4.5 miles 2 boots

Saturday 17th January - Longer Walk

'Skirting Kerridge'

Carolfold, Cliff Lane and return through

Swanscoe

8 miles 3 boots

Wednesday 21st January

'The One on the Other Side of the Road'

Tytherington returning via Kerridge

5 miles 2 boots

Wednesday 28th January

'Woods and Wildflowers'

Hedgerow, Harrop and Further Harrop

5 miles 3 boots

Wednesday 4th February

'Over the fields to Macclesfield'

Kerridge, the Rally Road and Higher

Hurdsfield

5 miles 2 boots

Wednesday 11th February

'Bee Happy'

**Green Lane, Long Lane and the Windmill
pub**

3 miles 2 boots

Wednesday 18th February

'Adlington and Styperson'

**Macclesfield canal, Middlewood Way,
Adlington, Styperson Woods, Long Lane**

4.5 miles 2 boots

Saturday 21st February - Longer Walk

'Up in the Hills above Bollington'

Jenkin Chapel, Common Barn Farm and

Rainow

8.5 miles 4 boots

Wednesday 25th February

'Written in Stone'

Ingersley Vale, White Nancy, Kerridge

Ridge, Higher Lane and Kerridge

3 miles 2 boots

Wednesday 4th March

'Rainow and Rainowlow'

5 miles 2 boots

Wednesday 11th March

'Up the Nab and along Long Lane'

4 miles 3 boots

Wednesday 18th March

'Exploring Kerridge'

**White Nancy, Kerridge Ridge and the Rally
Road**

3.5 miles 3 boots

Saturday 21st March - Longer Walk

'Buxton to Bollington'

Linear bus based walk.

Meet at Bridgend 10:15am. Catch the 10

**bus at 10:37am from Memorial Gardens
bus stop to Macclesfield Bus station.**

Then bus 58 to Buxton at 11:15. 2 x £3

**needed for bus fare. Walk back to
Bollington via Shining Tor, Thursbitch and
Waggonshaw Brow. Mainly downhill with
couple of short uphill sections.**

8 miles 3 boots

Wednesday 25th March

'Highways and Secret Byways'

Ingersley Vale, Rainow and Oakenbank

4.5 miles 2 boots