Bridgend guided walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed overleaf. If you are unsure of your level, try a short and easy walk first. We also run short 'walks for health' on a Monday morning, for which a separate leaflet is available.

Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear & clothing. It is also advisable to bring a drink on the walks.

Saturday walks are longer and more challenging than Wednesday walks and will take a full day. Please wear suitable footwear and clothing and bring adequate food and drink for a full day's walking. Bring a packed lunch for the lunch stop.

Dogs are welcome to join us on most walks. If dogs are not allowed on any of the walks, it will be indicated on the walk information.

All those taking part do so at their own risk.



Boo	ot ra	ting	for	wall	ks
0					Easy: No steep climbs and taken at a gentle pace
@					Moderate: May have steep climbs, but if they do they will be taken at a gentle pace
@	9	9			Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace
90	0	0	9		Strenuous: Will include several climbs and/or will be a long distance at a brisk pace
9	9	9	0	0	Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk



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We are a Charitable Incorporated Organisation Registered charity no: 1123287



Bridgend Guided Walks

October to December 2025



Guided walks on Wednesdays and Saturdays

Open to all - £3 per walk

Bridgend Centre Guided Walks October to December 2025

Wednesday 1st October 'As the Crow Flies' Higher Hurdsfield and Return 5.5 miles 2 boots

Wednesday 8th October 'Beyond the Rain(b)ow' Travel beyond Rainow via Kerridge Ridge 5.5 miles 3 boots

Saturday 18th October - Longer Walk 'Ramble above Rainow' Walk to the hills beyond Rainow and return through Kerridge 7 miles 4 boots

Wednesday 15th October 'The One on the Other Side of the Road' Tytherington returning via Kerridge 5 miles 2 boots

Wednesday 22nd October 'Woods and Wildflowers' Hedgerow, Harrop and Further Harrop 5 miles 3 boots

Wednesday 29th October 'Revolving in Time' Ingersley Vale, Rainow and Oakenbank 4.5 miles 2 boots Wednesday 5th November 'Bee Happy' Green Lane, Long Lane and the Windmill 3 miles 2 boots

Saturday 8th November - Longer Walk 'Visiting Ethel' Harrop Valley and Sponds Hill 7 miles 4 boots

Wednesday 12th November 'Tinkers Clough, Clarke Lane & Swanscoe' Return through Kerridge 5 miles 2 boots

Wednesday 19th November 'Around Kerridge'
3 miles 2 boots

Wednesday 26th November 'Rainow and Rainowlow' 5 miles 2 boots Wednesday 3rd December 'Up the Nab and down Long Lane' 4 miles 3 boots

Wednesday 10th December 'Big Low, Billinge and Berristall' 5.5 miles 3 boots

Saturday 13th December - Longer Walk 'Across the tracks to Prestbury' Prestbury, Tytherington and Kerridge 7.5 miles 3 boots

Wednesday 17th December 'Exploring Kerridge' Explore some of the lesser known paths in Kerridge. Includes some steep climbs. 4 miles 3 boots

