

Bridgend guided walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed overleaf. If you are unsure of your level, try a short and easy walk first. We also run short 'walks for health' on a Monday morning, for which a separate leaflet is available.






Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear & clothing. It is also advisable to bring a drink on the walks.

Saturday walks are longer and more challenging than Wednesday walks and will take a full day. Please wear suitable footwear and clothing and bring adequate food and drink for a full day's walking. There will be a lunch stop.

Dogs are welcome to join us on most walks. If dogs are not allowed on any of the walks, it will be indicated on the walk information.

All those taking part do so at their own risk.



Boot rating for walks	
	Easy: No steep climbs and taken at a gentle pace
	Moderate: May have steep climbs, but if they do they will be taken at a gentle pace
	Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace
	Strenuous: Will include several climbs and/or will be a long distance at a brisk pace
	Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk



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We are a Charitable Incorporated Organisation
 Registered charity no: 1123287



Bridgend Guided Walks

July to September 2025



Guided walks on
Wednesdays and Saturdays

Open to all - £3 per walk

Bridgend Centre Guided Walks July to September 2025

Wednesday 2nd July

‘As the Crow Flies’

Higher Hurdsfield and Return

5.5 miles 2 boots

Wednesday 9th July

‘Beyond the Rain(b)ow’

Travel beyond Rainow via Kerridge Ridge

5.5 miles 3 boots

Sunday 13th July

Guided hike, then back to Bridgend for a barbeque. All to raise funds for our charity.

Choose from either a 7 or 10 mile route.

Tickets £20. For more information and to book go to our website

7 miles or 10 miles 4 boots

Wednesday 16th July

‘The One on the Other Side of the Road’

Tytherington returning via Kerridge

5 miles 2 boots

Wednesday 23rd July

‘Woods and Wildflowers’

Hedgerow, Harrop and Further Harrop

5 miles 3 boots

Wednesday 30th July

‘Revolving in Time’

Ingersley Vale, Rainow and Oakenbank

4.5 miles 2 boots

Wednesday 6th August

‘Tinker’s Clough, Clarke Lane & Swanscoe’

Return through Kerridge

5 miles 2 boots

Saturday 9th August - Longer Walk

‘Teggs Nose’

Via Kerridge Ridge and the Gritstone Trail.

Refreshment break at Bollington Brewery

10 miles 5 boots

Wednesday 13th August

‘Travelling in Time’

Adlington via Macclesfield Canal, returning over muddy fields. Wear sturdy boots!

5.5 miles 2 boots

Wednesday 20th August

‘In the shadow of Nancy’

Ingersley, White Nancy and Kerridge

3.5 miles 3 boots

Wednesday 27th August

‘Up the Nab and back along Long Lane’

4 miles 3 boots

Wednesday 3rd September

‘Bordering Brink Brow’

Walk into the hills above Harrop Valley and enjoy super views. Return via Berristall Hall Farm and Pott Shrigley

5.5 miles 3 boots

Wednesday 10th September

‘Exploring Kerridge’

Explore some of the lesser known paths in Kerridge with this short but perfectly formed route. Includes some steep climbs. Part of the Bollington Walking Festival programme

4 miles 3 boots

Wednesday 17th September

‘Bee Happy’

Green Lane, Long Lane and the Windmill Pub

3 miles 2 boots

Wednesday 24th September

‘Upstairs, Downstairs’

Butley Town, Dumbah Hollow, Kerridge and return via the Middlewood Way and Macclesfield Canal

5.5 miles 3 boots

