

Bridgend walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. We also run short 'walks for health' on a Monday morning, for which a separate leaflet is available.

You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

For this three-month period we are trialling two walks on a Saturday, which are longer than Wednesday walks and will take a full day. Please wear suitable footwear and clothing and bring adequate food and drink for a full day's walking. There will be a lunch stop.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.



Bridgend Centre
104 Palmerston Street
Bollington
Cheshire
SK10 5PW

www.bridgendcentre.org.uk
info@bridgendcentre.org.uk

We are a Charitable Incorporated Organisation
Registered charity no: 1123287



Bridgend Guided Walks

April to June 2025



Guided walks on
Wednesdays and Saturdays

Open to all - £3 per walk

Bridgend Centre Guided Walks April to June 2025

Wednesday 2nd April
'As the Crow Flies'
Higher Hurdsfield and Return
5.5 miles 2 boots

Wednesday 9th April
Beyond the Rain(b)ow
Travel beyond Rainow via Kerridge Ridge
5.5 miles 3 boots

Wednesday 16th April
The One on the Other Side of the Road
Tytherington returning via Kerridge
5 miles 2 boots

Wednesday 23rd April
'Woods and Wildflowers'
Hedgerow, Harrop and Further Harrop
5 miles 3 boots

Wednesday 30th April
'Highways and Secret Byways'
Ingersley Vale, Rainow and Oakenbank
4.5 miles 2 boots

Wednesday 7th May
Tinker's Clough, Clarke Lane & Swanscoe
5 miles 2 boots

Saturday 10th May - Longer Walk
Summer Close via the Harrop Valley,
returning via Rainow
8 miles 4 boots

Wednesday 14th May
'Travelling in Time'
Adlington via Macclesfield Canal, returning
over mainly flat fields. Can be a muddy
walk so wear sturdy boots!
5.5 miles 2 boots

Wednesday 21st May
'In the shadow of Nancy'
Ingersley, White Nancy and Kerridge
3.5 miles 3 boots

Wednesday 28th May
Up the Nab and back through Savio
4 miles 4 boots

Wednesday 4th June
'Digging through the past'
Bakestonedale Moor via the Gritstone Trail
and return via Macclesfield Canal
5.5 miles 4 boots

Wednesday 11th June
'Written in Stone'
Around Kerridge
3 miles 2 boots

Wednesday 18th June
'Bee Happy'
Green Lane, Long Lane and Windmill Pub
3 miles 2 boots

Saturday 21st June - Longer Walk
Sponds Hill, Lyme Park and return via the
Westpark Gate
11 miles 5 boots

Wednesday 25th June
'Upstairs, Downstairs'
Butley Town, Dumbah Hollow and Kerridge
5.5 miles 3 boots

Nordic Walking

Booking through our website is required
for all Nordic Walking sessions as
numbers are limited. Poles will be
provided.

Friday 4th April - 10:15am
Introduction to Nordic Walking (1.5 hour
session)

Friday 11th April - 10:15am
Beginner's Nordic Walking (1.5 hour
session)

Friday 18th April - 10:15am
Nordic Walk (2 hour session)