#### **Essential Information**

All walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those talking part do so at their own risk.



#### **Boot rating for walks**

			Easy: No steep climbs and taken at a gentle pace
			Moderate: May have steep climbs, but if they do they will be taken at a gentle pace
			Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace
<b>**</b>		4	Strenuous: Will include several climbs and/or will be a long distance at a brisk pace
<b>(4)</b>	<b>@</b>		Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

## **Bridgend Centre Walks**

### Wednesdays





# Guided walks in and around Bollington October to December 2024

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311—info@bridgendcentre.org.uk - www.bridgendcentre.org.uk

We are a Charitable Incorporated Organisation (CIO). Registered charity no: 1123287

## **Bridgend Walks Calendar October to December 2024**

		Length	Boot rating
2nd October	As the Crow Flies - Higher Hurdsfield, Swanscoe and return via fields and the canal (Heritage Trail 6)	5.5 miles	<b>A B U</b>
9th October	Some infrequently walked paths of Bollington - Lima Farm via Blaze Hill	4 miles	
16th October	Bee Happy - Walk to Whiteley Green through Bollington's unique landscape, fields, lanes and the canal (Heritage Trail 1)	3.25 miles	
23rd October	Beyond the Rain(b)ow—Travel to Rainow and beyond via Kerridge Ridge	5.5 miles	
30th October	The one on the other side of the road - Macclesfield canal, Bollington Cross, Tytherington and return via Kerridge	5 miles	<b>A A</b>
		Length	Boot rating
6th November	Woods and Wildflowers - Hedgerow, Harrop and Further Harrop (Heritage Trail 2)	5 miles	
13th November	Adlington and return - the drier way! Walk to Adlington via the Middlewood Way and canal and return via the fields and Sugar Lane	5 miles	<b>8 0</b>
20th November	Up the Nab and back through Savio	3.5 miles	
27th November	Digging through the past - Hedgerow, Pott Shrigley, Macclesfield canal and Styperson (Heritage Trail 5)	6.5 miles	
		Length	Boot rating
4th December	In the shadow of Nancy - Ingersley, White Nancy and Kerridge	3.5 miles	
11th December	Revolving in Time - Ingersley Vale, Waukmill Farm, Rainow and return to Bollington via Oakenbank (Heritage Trail 4)	4 miles	<b>A U</b>
18th December	Written in Stone - Around Kerridge (Heritage Trail 3)	3 miles	

