#### **Essential Information**

All walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those talking part do so at their own risk.



#### **Boot rating for walks**

				Easy: No steep climbs and taken at a gentle pace
<b>@</b>	<b>@</b>			Moderate: May have steep climbs, but if they do they will be taken at a gentle pace
<b>(4)</b>		<b>(4)</b>		Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace
<b>(</b>				Strenuous: Will include several climbs and/or will be a long distance at a brisk pace
				Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

## **Bridgend Centre Walks**

### Wednesdays





# Guided walks in and around Bollington July to September 2024

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311—info@bridgendcentre.org.uk - www.bridgendcentre.org.uk

We are a Charitable Incorporated Organisation (CIO). Registered charity no: 1123287

## **Bridgend Walks Calendar July to September 2024**

		Length	Boot rating
3rd July 2024	As the Crow Flies - Higher Hurdsfield, Swanscoe and return via fields and the canal (Heritage Trail 6)	5.5 miles	
10th July 2024	Bordering Brink Brow - Climb up to Bakestonedale Road via Berristall Hall and return through the Harrop Valley	5.5 miles	
17th July 2024	Bee Happy - Walk to Whiteley Green through Bollington's unique landscape, fields, lanes and the canal (Heritage Trail 1)	3.25 miles	
24th July 2024	In the shadow of Nancy - Ingersley, White Nancy and Kerridge	3.5 miles	
31st July 2024	The one on the other side of the road - Macclesfield canal, Bollington Cross, Tytherington and return via Kerridge	5 miles	
		Length	Boot rating
7th August 2024	Woods and Wildflowers - Hedgerow, Harrop and Further Harrop (Heritage Trail 2)	5 miles	
14th August 2024	Travelling in time - Head over the fields to Adlington and return via Whiteley Green (Heritage Trail 7)	5.5 miles	
21st August 2024	Up the Nab and back through Savio	3.5 miles	
28th August 2024	Digging through the past - Hedgerow, Pott Shrigley, Macclesfield canal and Styperson (Heritage Trail 5)	6.5 miles	
		Length	Boot rating
4th September 2024	Upstairs, downstairs. This largely flat walk meanders through farmland and the grounds of fine houses to Butley Town and back. Can be muddy so wear your boots! (Heritage Trail 8)	6 miles	
11th September 2024	Revolving in Time - Ingersley Vale, Waukmill Farm, Rainow and return to Bollington via Oakenbank (Heritage Trail 4)	4 miles	
18th September 2024	Written in Stone - Around Kerridge (Heritage Trail 3)	3 miles	
25th September 2024	Pott Shrigley, Rainowlow and Savio (shortened version of Tree Trail 4)	4.5 miles	

