#### **Essential Information**

All walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those talking part do so at their own risk.



#### **Boot rating for walks**

				Easy: No steep climbs and taken at a gentle pace
	<b>@</b>			Moderate: May have steep climbs, but if they do they will be taken at a gentle pace
	<b>()</b>	<b>%</b>		Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace
<b>a</b>				Strenuous: Will include several climbs and/or will be a long distance at a brisk pace
<b>@</b>	<b>@</b>		<b>(4)</b>	Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

## **Bridgend Centre Walks**

## Wednesdays





# Guided walks in and around Bollington October to December 2023

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW
01625 576311—info@bridgendcentre.org.uk - www.bridgendcentre.org.uk
We are a Charitable Incorporated Organisation (CIO). Registered charity no: 1123287

### **Bridgend Walks Calendar October to December 2023**

		Length	Boot rating
4th Oct 2023	Travelling in Time—Via Adlington and Whiteley Green (Heritage Trail 7)	5.5 miles	<b>A A</b>
11th Oct 2023	Bordering Brink Brow—Climb up to Bakestonedale Road via Berristall Hall and return through the Harrop Valley	5.5 miles	
18th Oct 2023	Rainow and Rainowlow	4 miles	<b>A B</b>
25th Oct 2023	Woods and Wildflowers - Hedgerow, Harrop and Further Harrop (Heritage Trail 2)	5 miles	
		Length	Boot rating
1st Nov 2023	Skirting the Edge - Whiteley Green, Butley Town and Kerridge. Please note that this route can be very muddy in places	4.5 miles	
8th Nov 2023	In the shadow of Nancy - Savio, Ingersley Vale and Waukmill Wood	3.5 miles	
15th Nov 2023	As the Crow Flies - Higher Hurdsfield, Swancoe and return via fields and the canal (Heritage Trail 6)	5.5 miles	
22nd Nov 2023	Up the Nab and through Savio	3.5 miles	
29th Nov 2023	Digging through the past - Hedgerow, Pott Shrigley, Macclesfield canal and Styperson (Heritage Trail 5)	6.5 miles	
		Length	Boot rating
6th Dec 2023	Highways and Secret Byways - Ingersley Vale, Rainow and Oakenbank (Heritage Trail 4)	4.5 miles	
13th Dec 2023	Bee Happy - Green Lane, Long Lane, The Windmill pub (Heritage Trail 1)	3 miles	<b>A A</b>
20th Dec 2023	Written in Stone - Around Kerridge (Heritage Trail 3)	3 miles	



