

Essential Information

All walks start at 10:15am from the Bridgend Centre unless otherwise stated. The cost is £3.00 per walk. On a Wednesday this price includes tea, coffee and biscuits at the end of the walk.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one, which is detailed below. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.



Boot rating for walks



Easy: No steep climbs and taken at a gentle pace



Moderate: May have steep climbs, but if they do they will be taken at a gentle pace



Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace



Strenuous: Will include several climbs and/or will be a long distance at a brisk pace



Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

Bridgend Centre Walks

Wednesdays



Guided walks in and around Bollington













January to March 2023

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

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We are a Charitable Incorporated Organisation (CIO). Registered charity no: 1123287

Bridgend Walks Calendar January to March 2023

		Length	Boot rating
4th January 2023	As the crow flies - Higher Hurdsfield and back (Heritage Trail 6)	5 miles	
11th January 2023	Bee Happy - Green Lane, Long Lane, The Windmill pub (Heritage Trail 1)	3 miles	
18th January 2023	Rainow and Rainowlow	4.5 miles	
25th January 2023	Woods and Wildflowers - Hedgerow, Harrop and Further Harrop (Heritage Trail 2)	5 miles	
		Length	Boot rating
1st February 2023	Pott and Moorside	5 miles	
8th February 2023	Ingersley, White Nancy and Kerridge	4 miles	
15th February 2023	Beyond the Rain(b)ow	6 miles	
22nd February 2023	Up the Nab and back through Savio	3.5 miles	
		Length	Boot rating
1st March 2023	Woods and Wildflowers - Hedgerow, Harrop and Further Harrop (Heritage Trail 2)	5 miles	
8th March 2023	Highways and Secret Byways - Ingersley Vale, Rainow and Oakenbank (Heritage Trail 4)	4.5 miles	
15th March 2023	Adlington and Styperson	4.5 miles	
22nd March 2023	Written in Stone - Around Kerridge (Heritage Trail 3)	3.5 miles	
29th March 2023	Best of Historic Bollington	4 miles	