

BRIDGEND COMMUNITY NEWS

**Bridging Social
Isolation
No.73**



Photo by Betsie Dixon

Welcome to Edition 73 of Bridging Social Isolation. Spring seems to have sprung this week, bringing with it some very welcome sunshine! Visitors to the centre have been taking the opportunity to enjoy a cup of tea in the sun and listen to the river on the decking. Don't forget to set your clocks back on Sunday for the official start of Spring. Sunday is also Mothering Sunday; we hope the weather holds and that the sun shines on your plans.

We have another busy edition for you. Thanks go to Ian Walker for his article updating us on the Shackleton story that he wrote about in previous editions. We also extend our thanks to the people who have contributed more photographs of our fabulous local scenes. We really couldn't do it without you! If you have any thing that you would like to contribute to this newsletter, please drop us a line at info@Bridgendcentre.org or pop in to see us at the centre.

Lights, Camera, Action!!



The High Street area of Bollington has been a hive of activity this week due to the presence of a film crew filming episodes of a new TV show. The Series, called Ralph and Katie, is an off-shoot of the BBC hit show The A Word, which followed the story of a boy with Autism. The new show focuses on the story of a young couple with Down's Syndrome during an exciting time in their lives. Local residents have shared pictures on social media of Christmas scenes with carol singers and May day celebrations which leads us to speculate whether the show follows a year in their lives.

Local Celebrity Fritz the Cat (from the Bulls Head at Kerridge) even popped down to inspect the proceedings, perhaps he was hoping for a cameo appearance!

The majority of the scenes are focused on the Green area of High Street but there has also been scenes outside the Medical Centre and at The Vale, which had a temporary rename for the day and became The Daughter's Lamb. Scenes have also been filmed on Water Street and at The Green Café on High Street.

The Crew set up temporary traffic control measures in the area to ensure everyone's safety and to prevent interruption of filming. They also took control of a section of Pool Bank Carpark for Crew facilities and to relocate resident's vehicles.

This is not the first time Bollington has been on TV, with a recent visit from The Hairy Bikers to film at The Indian Goat on the Rec and episodes of Live Well For Less and Ted and Alice. We are all looking forward to watching this new series when it airs!



Roadworks update—Wellington Road

We are all very much enjoying the free flowing of traffic through the village again, although it is only a temporary respite. The section at the bottom of Grimshaw Lane will be completely closed between the 2nd and the 17th of April. According to the Town Council website, the following diversion will be in place.

Travelling from the closure Northeast – Wellington Road, Palmerston Street, Shrigley Road, Brookledge Lane, Roundy Lane, London Road, Flash Lane Roundabout, left into Flash Lane, Bollington Road, Henshall Road

Travelling Southwest -- vice versa Henshall Road, Bollington Road, Flash Lane, Flash Lane Roundabout, right on to London Road, Roundy Lane, Brookledge Lane, Shrigley Road, Palmerston Street, Wellington Road .

The number 10 bus will terminate at Southwest avenue and the 391 will continue to go to Stockport but through Bollington Cross and via the diversion route and Adlington.

If anything changes closer to the time, we will keep you updated. You can also get up to date information on the One Network Cheshire East website. <https://one.network/uk/cheshireeast>



Endurance 22—The search for Shackleton's ship by Ian Walker



Endurance, photographed in the ice by Frank Hurley

You may recall Ian Walker's epic account of famous explorers over a number of weeks in this newsletter last year. Now he tells us about the discovery of the ship one of one of those polar explorers, Ernest Shackleton. The Endurance has rested at the bottom of the Weddell Sea for over a hundred years and was found just over two weeks ago.

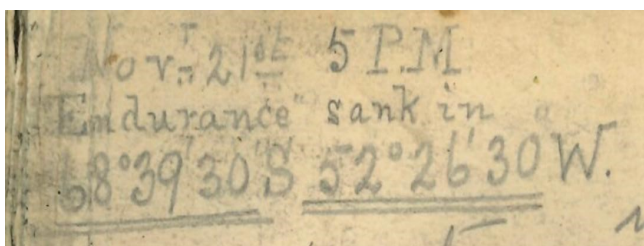
Sir Ernest Shackleton wrote of *Endurance*, the ship he had chosen for his Imperial Trans-Antarctic Expedition: "Now, straining and groaning, her timbers cracking and her wounds gaping, she is slowly giving up her sentient life." She had been trapped in the pack ice in the Weddell Sea since 18 January 1915 – nine long months. Then, late in the afternoon of 21 November, she finally lost her battle against the crush of the ice, and the last remnants of the wreck finally slipped through, and the ice closed over her.

And there she lay, undisturbed, for over 100 years. The Weddell Sea is one of the most inhospitable places on Earth, covered for much of the year with thick pack ice over water 3,000 meters deep. A 2019 expedition was beaten by the same ice that had destroyed *Endurance*. The team tried again this year in an expedition called *Endurance 22*.



S.A. Agulhas

21st century expeditions to the Antarctic can use much more powerful ships than those of 100 years ago. *Endurance22* was based on the South African ice breaker *S.A. Agulhas II*, capable of making 5 knots through 1-meter-thick ice. She carries state-of-the-art Autonomous Underwater Vehicles (AUVs) which can operate to depths of up to 4,000 meters, and can be equipped with either acoustic sensors or, if they find *Endurance*, laser scanning and cameras to record the scene and build a 3D model of the ship.



Worsley's diary entry for Endurance's last position.

The expedition set sail from Cape Town on 5 February 2022 and reached the Weddell Sea on 17 February, ready to start the search. The team based their search area on the last recorded position of *Endurance*, made by Captain Frank Worsley a day after she sank. He had no sight of the sun on 21 November, so he had to estimate the position the following day, based on the drift of the pack ice. He wrote in his diary: 68°39' 30"S, 52° 26'30"W.

The AUVs began their systematic search. Operating through holes made in the ice by the stern of the ship, they pass their scanning results in real time back to the ship via umbilical cables, constantly played out or reeled in as the AUVs move through their search pattern. Then, in the middle of the night of 20 February, the crew monitoring the scans see the trace of wreckage. Great excitement – only to be followed by a massive let-down. The signals were just debris, not the wreck itself.

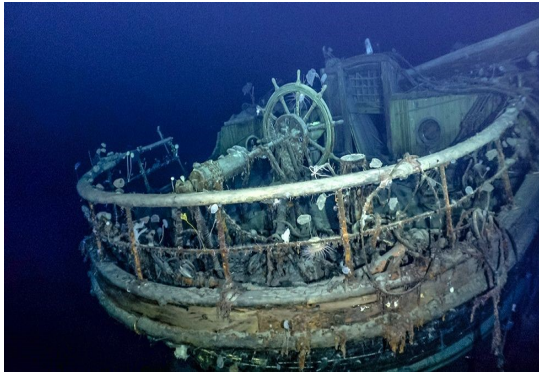
The *Agulhas* itself became stuck in the ice, taking several hours to fight free. Unlike the *Endurance* expedition, they were in constant contact with the rest of the world. Every move they made could be followed on-line, and every piece of news from the outside world could be relayed to the ship. In an eerie parallel with the outbreak of the first World War as Shackleton sailed, so the news of the Russian invasion of Ukraine cast a pall over the ship. Despite this, the search continued.

Endurance 22 continued

The time that the expedition could stay in Antarctica was running out, both because of the ship's schedule and the build-up of the pack ice as winter approached. Then, on 5 March, with only 5 days left, they found the *Endurance*. The acoustic sensors picked up the wreck, which was then verified by cameras. Fittingly, it was exactly 100 years ago that Shackleton had been buried at Grytviken on South Georgia.

In his announcement, Mensun Bound, Director of Exploration, said,

"The discovery was made at 1605 hrs GMT on 5th March, 2022, in 3008 meters of water, just over 4 nautical miles southward of Frank Worsley's famous coordinates for the sinking.



The stern deck and wheel

She is upright, well proud of the seabed and in an excellent state of preservation. You can even see her paintwork and count the fastenings.

Most remarkable of all was her name – E N D U R A N C E – which arcs across her stern with perfect clarity. And below is the 5-pointed Polaris star. Just as in Hurley's famous photographs."

The news was released by the Endurance22 expedition team on 9 March and their accompanying pictures of this 106-year-old wreck are astonishing. The first I have chosen is of the stern deck of the ship and the wheel. You can imagine the hands that would have held the wheel spokes.

The second picture is of the stern itself, and there is the name *Endurance*, as clear as the day she was built.

What an amazing sequel to the original story of the escape from the ice all those years ago.

As the expedition left Antarctica, they set course for South Georgia, to pay their respects at the grave of The Boss, without who none of this would have happened.

Sources:

Endurance22 expedition website: <https://endurance22.org/>

Dan Snow's expedition website: <https://www.historyhit.com>

History Repeats as Endurance Expedition is Briefly Stuck in Antarctic.

<https://www.maritime-executive.com>



Your Donations make a difference

We know that right now times are tough and there seems to be more demands on your purse strings than ever. We are incredibly grateful to all our financial donors for your support in these challenging times.

If you have not yet donated to us but feel that you could contribute, no matter the amount, your donation would make a difference to the lives of people in our community.

If you would like to make a regular or one-off donation to the Centre, please visit our website at www.bridgendcentre.org.uk/donate or call in to the Centre.

Thank you. We couldn't do it without you!



Relaxing Bollington Part 2

In our last edition we asked people in Bollington for calming photos of the area for us to enjoy in these unsettling times. We were overwhelmed with the number of photos submitted to us, so we decided to publish them over two weeks. Here is another collection of the lovely photos.



June Jackson



June Jackson



Claire Barnett



Louise Jane McEveley



Pea Warbs



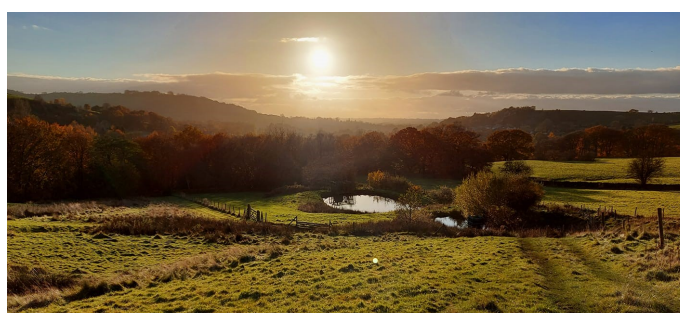
Rachel Lauren Rigby



Dan Smith



Ed Baron

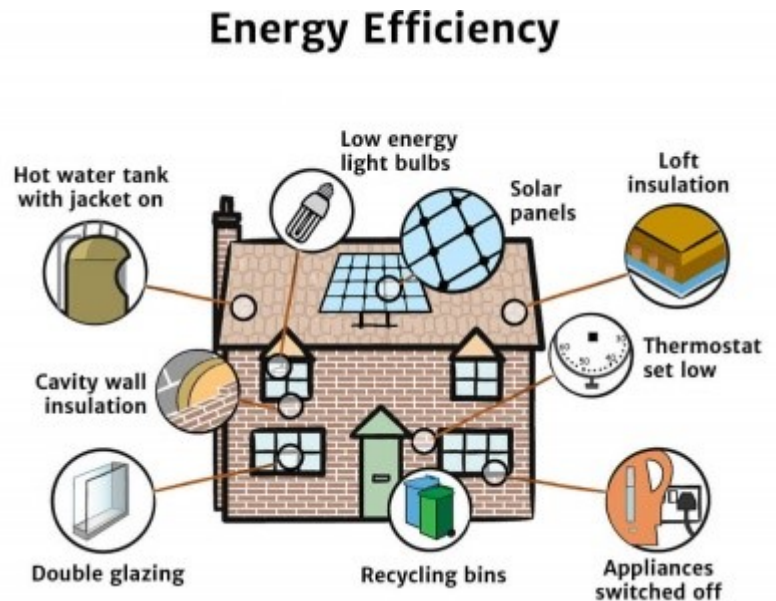


Claire Stevenson

Energy Efficiency—10 ways to reduce your bills

April the first is fast approaching, bringing with it a most unwelcome rise in energy costs. The usual solution of shopping around for a cheaper supplier will no longer make much difference to your bills as industry-wide price caps will increase from that date. So in the spirit of controlling what you can we have put together some ideas to help you make changes that can help counteract the price hike.

1. Check your Tariff—whilst changing suppliers isn't really an option, it is still a good idea to review your tariff. There are savings to be made by switching to paperless billing and paying by Direct Debit
2. Insulate—The roof is responsible for 35% of heat loss in homes. Increasing the depth of insulation up to the recommended depth of 270mm could save the average home £135 a year
3. Boilers—Half of our energy consumption comes from heating our homes. If your boiler is more than 15 years old, it is recommended that you should replace it with a new energy efficient model. Whilst this comes with a high price tag (approximately £1000) it is an investment as it can reduce your energy consumption by 30%. If replacing your boiler is not an option, you should consider having it serviced to ensure it is working at its optimum efficiency.



4. Turn down your thermostat—lowering the temperature of your thermostat by 1 degree can cut your usage by 4% and deliver an average saving of £65 a year. Don't forget your hot water too!
5. Water- Use less hot water where possible. Try to shower rather than bath and you could also fit an eco shower head which reduces the amount of water used.
6. Switch of appliance—leaving appliances on standby when not in use is the definition of money for nothing. The average household could save in excess of £30 a year at the flick of a switch



7. Lightbulb moment! - Another bright idea is to check what sort of lightbulbs you are using. L.E.D bulbs are the most efficient solution and are drastically cheaper to run than halogen bulbs.

8. Eco Efficient appliances—Older appliances tend to be less energy efficient. Updating to eco efficient appliances can make dramatic savings in your energy bills, an eco dryer can save as much as £106 a year, whilst a fridge-freezer can save as much as £76 a year.

9. Draught proofing—Investigating those little draughts round your windows and doors and taking action could save the average household £25 a year.
10. Grants—If you need help with the cost of energy bills or to insulate your home or update your boiler, there are a number of schemes available to help. There is a very helpful guide on the Which website that shows you what you may be eligible for.



Recipe—Easy Treacle Sponge



Ingredients

250g golden syrup
zest 1 lemon, plus juice ½ lemon
5 tbsp breadcrumb
200g pack butter, softened
200g golden caster sugar
3 medium eggs
200g self-raising flour
5 tbsp milk

Method

Heat oven to 180C/160C fan/gas 4. Mix the syrup, lemon zest, juice and breadcrumbs and spread over the base of a 1.5 litre baking dish.

Beat the butter and sugar until pale and fluffy, then beat in the eggs, one by one. Stir in the flour and milk and dollop over the syrup. Bake for 35-40 mins until golden and risen, and a skewer poked into the sponge comes out clean-ish. Eat with lots of custard, cream or ice cream and extra dribbles of syrup.

Serve with custard or ice-cream for a reminder of childhood comfort food!



Bollington Walks for Health 2022



Short guided walks in Bollington and surrounding areas
on a Monday evening

April—September 2022

All walks around
two miles



Thursday 31st March 2022

A Trip to the Garden Centre

Leaving from the Bridgend Centre at 1pm

Tickets to be purchased in advance

Cost £3.00 each

Includes transport to Fairways Garden Centre, Bullocks
Lane, Macclesfield

Come along for a lovely
afternoon

Limited places so contact us
today!



Bridgend Centre, 104 Palmerston Street, Bollington,
Cheshire, SK10 5PW
01625 576311 or info@bridgendcentre.org.uk



Mind Game—Hidden Messages

Ms. Fox hired the brilliant Detective Sneak to investigate a worker in one of her factories. When she asked for a written report, the detective wrote the following letter. He included a secret message within the note. Can you uncover it? (*Hint: Identify the misspelled words first.*)

Dear Ms. Fox,

I have concluded my investigation of the lackadasical person on your payroll. As I predicted, you have been more than magnanamous. You have continued to pay Mr. Oscar Smith, even when he continually made inferior products and failed to make appearances at work on schedule.

Each of your employes need to know that you value responsible, conscientious workers. When you take the appropriate action, releiving Oscar of his duties, workers will respect your decision.

Yours truly,

Detective Sam Sneak

P.S. I trust you will uncover and heed the hidden message so that further contact from me will not be necessary.

Here is Ms. Fox's response. Can you find her hidden message? Hint: The misspelled words are also important here, but she used a different method of hiding her real point.

Dear Detective Sneak,

Thank you for the stupendus work you performed for me. My workers will now expect me to check occassionally on the quality of their work. That is truely a good thing.

In hindsite, perhaps I should have dismissed Mr. Smith earlier. The accomodations I made for him were, as you stated, quite generous.

Sincerely,

Ms. Fox

P.S. I received a very interesting mail broshure from your agency today.

Thank you to our sponsors and supporters

I am Print printed the paper copies 'at cost', which are delivered to the homes of isolated and vulnerable people in Bollington. Thank you so much to I Am Print, it means the world.



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