

Essential Information

All walks start at 10:15am unless otherwise stated. The cost is £3.00 per walk (apart from the walk on Saturday 1st June). On a Wednesday this price includes tea, coffee and biscuits at the end of the walk. On Saturday the walks finish mid-afternoon, after the Bridgend Centre has closed for the day, so please bring a packed lunch and/or some snacks. The Saturday walk in June will be to Derbyshire Bridge using the Rainow community bus and so will finish a little later than this.

We are also very excited to have five of our walks in May included in the Bollington Festival programme. This means that the long walk for this month will be on 18th May instead of the first Saturday as an exception.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one which is detailed in the key at the bottom of this sheet. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks as we normally have one five minute stop.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.

Boot rating for walks



Easy: No steep climbs and taken at a gentle pace



Moderate: May have steep climbs, but if they do they will be taken at a gentle pace



Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace



Strenuous: Will include several climbs and will be a long distance at a brisk pace



Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

Bridgend Centre Walks



Guided walks in Bollington

April—June 2019












Walks starting from the Bridgend Centre in Bollington on Wednesday every week and also on one Saturday per month

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

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We are a registered charity. Charity no: 1123287

Bridgend Walks Calendar April—June 2019

Date	Walk Description	Length	Boot rating
Wednesday 3rd April	Up the Nab and along Long lane	4 miles	  
Saturday 6th April	Over Sponds Hill to Lyme Park and return via the West Gate, Macclesfield Canal, Styperson Pool and Long Lane. Toilets available at Lyme Park	10.5 miles	   
Wednesday 10th April	Pott Shrigley, Rainlowlow and Savio	4.5 miles	  
Wednesday 17th April	Long Lane, Styperson Pool, Canal and Middlewood Way	3.5 miles	 
Wednesday 24th April	Up Nancy, along the ridge and back through Ingersley Vale	4.5 miles	  
Wednesday 1st May	Middlewood Way, Tinkers Clough and the Rally Road	5 miles	 
Wednesday 8th May	Higher Hurdsfield and back	5 miles	 
Wednesday 15th May	Bluebells in Harrop Wood - part of Bollington Festival	4.5 miles	 
Saturday 18th May	Two walks in one! Take the option of either a 4.5 mile or 11 mile walk from the Bridgend Centre. Both walks will set off together and explore Kerridge and White Nancy. The shorter version will then head back to the Centre. The longer walk will progress on to Rainow and across to Harrop Valley	11 miles (longer walk) 4.5 miles (shorter walk)	      
Wednesday 22nd May	Windmill Lane, Kerridge Ridge, White Nancy, Waulkmill Wood	4 miles	 
Wednesday 29th May	Ingersley Vale, Rainow and Oakenbank - Highways and secret byways	4.5 miles	  
Saturday 1st June	Derbyshire Bridge and Axe Edge. Bus-based walk. Booking for bus required or make your own way to the walk start.	10 miles	   
Wednesday 5th June	Up Nancy, along the ridge and back through Ingersley Vale	4.5 miles	  
Wednesday 12th June	Butley Town, Dumbah Hollow and the Middlewood Way	6 miles	 
Wednesday 19th June	Rainow and Rainowlow	5 miles	  
Wednesday 26th June	Hedgerow, Harrop, Further Harrop	5 miles	  