

## Essential Information

Walks starting from the Bridgend Centre in Bollington on Wednesday every week and also on the first Saturday of the month.

All walks start at 10:15am unless otherwise stated. The cost is £3.00 per walk (apart from the walk on Saturday 2nd March) – on a Wednesday this includes tea, coffee and biscuits at the end of the walk. On Saturday the walks finish mid-afternoon, after the Bridgend Centre has closed for the day, so please bring a packed lunch and/or some snacks. The Saturday walk in March will be to the Peak District using the Rainow community bus and so will finish a little later than this.

The walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one which is detailed in the key at the bottom of this sheet. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks as we normally have one five minute stop.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.



### Boot rating for walks



Easy: No steep climbs and taken at a gentle pace



Moderate: May have steep climbs, but if they do they will be taken at a gentle pace



Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace



Strenuous: Will include several climbs and will be a long distance at a brisk pace



Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

# Bridgend Centre Walks



## Guided walks in Bollington

January—March 2019

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311 or [info@bridgendcentre.org.uk](mailto:info@bridgendcentre.org.uk)









































[www.bridgendcentre.org.uk](http://www.bridgendcentre.org.uk)

We are a registered charity. Charity no: 1123287

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## Bridgend Walks Calendar January—March 2019

<i>Date</i>	<i>Walk Description</i>	<i>Length</i>	<i>Boot rating</i>
Wednesday 2nd January	Hedgerow, Harrop and Further Harrop	5 miles	  
Saturday 5th January	Lamaload via Harrop Fold and Gin Clough. Return via Walker Barn and Rainow	9 miles	   
Wednesday 9th January	Secret Cottage walk - Macc Canal, the Hole and the Middlewood Way	5 miles	 
Wednesday 16th January	Kerridge, Clarke Lane, Dumbah Hollow, Butley Town	4.5 miles	 
Wednesday 23rd January	Green Lane, Long Lane, the Windmill pub	3 miles	 
Wednesday 30th January	Higher Hurdsfield and back	5 miles	 
Saturday 2nd February	Teggs Nose via Swanscoe and return via the Gritstone Trail	8.5 miles	   
Wednesday 6th February	Water and steam via Adlington	6 miles	 
Wednesday 13th February	Savio, Ingersley Vale, Waulkmill Wood, under Nancy and Kerridge	5 miles	 
Wednesday 20th February	Up the Nab and back through Savio	4 miles	  
Wednesday 27th February	Ingersley Vale, Rainow and Oakenbank - Highways and secret byways	4.5 miles	 
Saturday 2nd March	Pilsbury Castle and the upper Dove Valley. Bus based walk. Book online to reserve your place or turn up on the day and take your chances—please go to <a href="http://www.bridgendcentre.org.uk">www.bridgendcentre.org.uk</a> to book. We will be back in Bollington at approximately 5:30pm. <b>Cost: £5</b>	7.5 miles	   
Wednesday 6th March	Shrigley Road, Moorside Road, the Brickworks, Bakestonedale Moor and return via Harrop Valley and Hedgerow. This is a challenging walk for a Wednesday walk and will be at quite a fast pace.	5.5 miles	   
Wednesday 13th March	Around Kerridge	3.5 miles	 
Wednesday 20th March	Pott Shrigley, Harrop Wood and Ingersley Vale	4.5 miles	 
Wednesday 27th March	Infrequently walked route - Lima Farm via Blaze Hill	4 miles	