

Essential Information

Walks starting from the Bridgend Centre in Bollington on Wednesday every week and also on the first Saturday of the month.

All walks start at 10:15am unless otherwise stated. The cost is **£3.00 per walk** – on a Wednesday this includes tea, coffee and biscuits at the end of the walk. On Saturday the walks finish mid-afternoon, after the Bridgend Centre has closed for the day, so please bring a packed lunch and/or some snacks.


The walks vary in difficulty & length and so we have a ratings system to provide information on the difficulty of each one which is detailed in the key at the bottom of this sheet. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks as we normally have one five minute stop.


Walk routes may be subject to change dependent on the weather.


Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.





Boot rating for walks

 Easy: No steep climbs and taken at a gentle pace

 Moderate: May have steep climbs, but if they do they will be taken at a gentle pace

 Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace

 Strenuous: Will include several climbs and will be a long distance at a brisk pace

 Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

Bridgend Centre Walks

Guided walks in Bollington

October to December 2018



The Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311 or info@bridgendcentre.org.uk

www.bridgendcentre.org.uk



Bridgend Walks Calendar October to December 2018

<i>Date</i>	<i>Walk Description</i>	<i>Length</i>	<i>Boot rating</i>
Wednesday 3rd October	Up the Nab and back through Savio	4 miles	
Saturday 6th October	A semi-urban linear walk to Cheadle Hulme via Poynton Lake and Bramhall Park. Return via train to Macclesfield and bus to Bollington (approx total cost £8.70)	10 miles	
Wednesday 10th October	Around Kerridge	3.5 miles	
Wednesday 17th October	Pott Shrigley, Rainlowlow and Savio (Tree Trail 4)	4.5 miles	
Wednesday 24th October	Middlewood Way, Tinkers Clough and the Rally Road	5 miles	
Wednesday 31st October	Halloween walk - Up to Nancy, along Kerridge Ridge and back via Ingersley Vale	4.5 miles	
<i>Date</i>	<i>Walk Description</i>	<i>Length</i>	<i>Boot rating</i>
Saturday 3rd November	Jenkin Chapel via Oakenbank and Gin Clough and return via Harrop Fold and Hedgerow	8.5 miles	
Wednesday 7th November	Green Lane, Long Lane, the Windmill pub	3 miles	
Wednesday 14th November	Harrop Valley circular	5 miles	
Wednesday 21st November	Secret Cottage walk - Macc Canal, the Hole and the Middlewood Way	5 miles	
Wednesday 28th November	Higher Hurdsfield and back	5 miles	
<i>Date</i>	<i>Walk Description</i>	<i>Length</i>	<i>Boot rating</i>
Saturday 1st December	Hill Race Route - Hedgerow, Gritstone Trail, Bakestonedale Moor, Shrigley Road & Macclesfield Canal	7 miles	
Wednesday 5th December	Water and steam via Adlington	6 miles	
Wednesday 12th December	Up the Nab and back down Long Lane	4 miles	
Wednesday 19th December	Christmas Ramble - Windmill Lane, Kerridge Ridge, White Nancy, Waulkmill Wood	4 miles	