

## Essential Information

Walks starting from the Bridgend Centre in Bollington on Wednesday every week and also on the first Saturday of the month.

All walks start at 10:15am unless otherwise stated. The cost is **£3.00 per walk** – on a Wednesday this includes tea, coffee and biscuits at the end of the walk. On Saturday the walks finish mid-afternoon, after the Bridgend Centre has closed for the day, so please bring a packed lunch and/or some snacks.

The walks vary in difficulty & length and so we have a ratings system to provide information on the difficulty of each one which is detailed in the key at the bottom of this sheet. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks as we normally have one five minute stop.

Walk routes may be subject to change dependent on the weather.

Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those talking part do so at their own risk.



### Boot rating for walks

 Easy: No steep climbs and taken at a gentle pace

 Moderate: May have steep climbs, but if they do they will be taken at a gentle pace

 Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace

 Strenuous: Will include several climbs and will be a long distance at a brisk pace

 Very strenuous: Will involve steep climbs and long distances at a fast pace. You will need good physical stamina for this walk

# Bridgend Centre Walks

## Guided walks in Bollington

July—September 2018



Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311 or [info@bridgendcentre.org.uk](mailto:info@bridgendcentre.org.uk)

[www.bridgendcentre.org.uk](http://www.bridgendcentre.org.uk)

We are a registered charity. Charity no: 1123287

Commissioned to deliver services for



## Bridgend Walks Calendar July—September 2018

Date	Walk Description	Length	Boot rating
Wednesday 4th July	Bollington well dressing walk—a flat walk to explore all the dressed wells of the annual festival. Includes some walking on pavements and return over fields	5 miles	
Saturday 7th July	Lyme Park - we will walk to Lyme Park via the relatively flat terrain of Long Lane and Styperson and return over Sponds Hill (which includes a substantial ascent)	10 miles	
Wednesday 11th July	Rainow and Rainowlow	5 miles	
Wednesday 18th July	Butley Town, Dumbah Hollow and the Middlewood Way. A flat walk with the potential to be very muddy if weather has been rainy	6 miles	
Wednesday 25th July	Water and steam via Adlington (Nostalgia Trail 7)	6 miles	
Wednesday 1st August	Savio, Oakenbank, Rainowlow, Billinge and Hedgerow. Includes a medium climb from Oakenbank to Rainowlow.	4 miles	
Saturday 4th August	We will get the 10:32 bus to Macclesfield and will return via a 12 mile walk through Macclesfield golf club, Langley, Macclesfield Forest, past Lamaload reservoir and back over the tops to Bollington. 530m of climb and very strenuous. The walk is £3 which does not include the bus fare (£2.80). For more information please contact the Bridgend Centre.	12 miles	
<b>*PUBLIC TRANSPORT WALK*</b>			
Wednesday 8th August	Green Lane, Long Lane and the Windmill Pub (Nostalgia Trail 1). A relatively easy walk on country lanes and over fields	4 miles	
Wednesday 15th August	Infrequently walked footpaths—a walk designed to seek out some infrequently trodden footpaths in Bollington. One stiff short climb to be taken at a gentle pace. 270m of ascent overall.	5.5 miles	
Wednesday 22nd August	Pott Shrigley, Bakestonedale and Harrop Valley. Quite a hilly walk with a few climbs	6 miles	
Wednesday 29th August	Savio, Ingersley Vale, Waukmill Wood, Under Nancy and Kerridge	5 miles	
Saturday 1st September	Mottram St Andrew—via Prestbury and return through Hare Hill gardens	12 miles	
Wednesday 5th September	Kerridge, Tinkers Clough, Dumbah Hollow and Butley Town. A walk over the rolling Cheshire countryside with the potential for some muddy bits	5 miles	
Wednesday 12th September	Higher Hurdsfield and back	5 miles	
Wednesday 19th September	Highways and secret byways—Ingersley Vale, Rainow and Oakenbank	4.5 miles	
Wednesday 26th September	Pott Shrigley, Bakestonedale and Hedgerow	5.5 miles	