

# BRIDGEND COMMUNITY NEWS

## Foreword—Rebecca Lea, Centre Manager

*Welcome to the Summer edition of the Bridgend newsletter. It has been a busy few months in the Centre. The Spring fair was a great success and the new season of Walks for Health has begun. We look forward to the exciting fundraising events coming up this summer including the Nostalgia Hill Race (see below for details of how to get involved!) and also the pub quiz at the Poachers.*

*Our outdoor contemplation area is beautiful in this fantastic weather and we are very pleased to see how many people are benefitting from this little riverside oasis. If you haven't seen it for yourself yet, why not pop in for a cup of tea?*

## 14th Bollington Nostalgia Hill Race - Sunday 8th July at 11am



The Nostalgia Hill Race returns again on 8th of July for its 14th year. Its is a fantastic event and a great fundraiser for the centre.

The race covers just over 7 miles and is open to a maximum of 250 runners (over the age of 18 only).

Runners wishing to participate can register on our website [www.bridgendcentre.org.uk](http://www.bridgendcentre.org.uk) or can pop in for a registration form. We will also accept registrations on the day should there be sufficient spaces available. Cost is £6 in advance or £8 on the day.

Registration is from 10am and the race begins at 11am.

Refreshments are available and the centre will be open for business from 10am until 1pm on the day.

If running is not your cup of tea, you can still get involved by being a volunteer marshall, or cheering the runners on. Please contact Anna at the centre for details. We hope to see you there!

## Dates for your diary

Sunday 10.06.18—Pub quiz at The Poachers in aid of Bridgend.

Sunday 08.07.18—Hill Race

Sunday 29.07.18—Pub quiz at The Poachers in aid of Bridgend.

## Volunteers Wanted

Bridgend could not function without the continued help and support of our dedicated team of volunteers.

Thank you so much to all our volunteers for everything you do, whether it is working in the shop, managing our eBay shop, leading walks, teaching IT or one of the other varied roles we rely on volunteers for.

If you have some free time and fancy giving volunteering a go, why not join our friendly, hard-working team. Please ask one of the staff team for an application form.

## Volunteering Day— Royal London—18.05.2018



On Friday 18th of May a team of volunteers from Royal London generously gave up their time to volunteer for the day. After a tour of the centre and a briefing about the work we do, our history and our ethos, the group split into two teams and set to work.

One team worked in the shop, sorting through donations and stocking the shelves. The other team were tasked with painting the walls of our beautiful outdoor space, which backs on to the River Dean.

A good day was had by all and we would like to thank them for their time and hard work. If your workplace would like to spend a day volunteering for the Bridgend Centre please contact Rebecca Lea, our Centre Manager.

### Bridgend Activity Calendar

#### Monday

10.30 Mindfulness  
13.00 Jewellery Making  
14:00 Bridge  
14.00 Talk and Games  
18:00 Walk for Health (Summertime)

#### Tuesday

10.30 Craft Club  
11.30 Reading Group (once a month)  
13.30 Art Club

#### Wednesday

10.15 Guided Walk  
14.00 Mah Jong  
14.15 Creative Writing (fortnightly)

#### Thursday

10.15 Yoga (£5. Once a month)  
11.00 Reading Circle

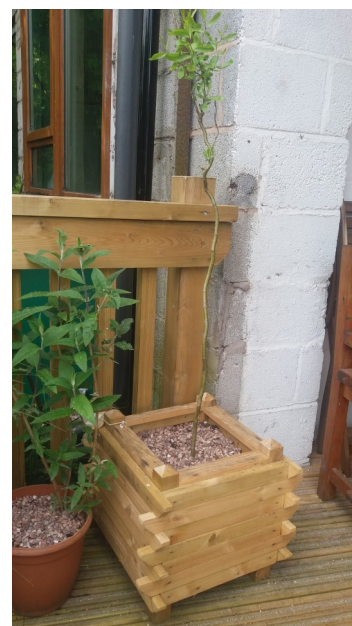
#### Friday

10.30 Community Choir (£4)

#### Saturday

Long guided walk (once per month)

### Bridgend Woodcraft



One of Bridgend's best kept secrets is our onsite woodworking work shop. A dedicated team of volunteers handcraft beautiful items to order, from bird boxes to planters to benches.

Custom-made items and repairs can also be discussed with the team who will try their best to accommodate customers' needs.

Prices are very competitive and all profits go straight to the Bridgend Centre.

If you would like to place an order please contact the Centre.



### Focus on a Bridgend group - Community Choir—Friday 10.30am-12pm

The Community choir is a friendly informal group that meets every Friday morning to share a love of singing.

The choir is lead by musician and teacher Darren Poyzer and his trademark enthusiasm makes for a lively and entertaining social group.

The choir is run on a drop in basis so there is no long term commitment and no auditions, everyone is welcome!

Research has shown that singing in a choir has tremendous benefits for both physical and emotional well-being. It also lowers stress levels and fosters a sense of social togetherness as part of a group with common interests. The choir meets every week and has performed for residents of a local care home and also various Bridgend fundraising events.

The cost is £4 and this includes a drink and a biscuit during break time.



### Focus on a Staff Member—Robert Davies— Finance Officer



Robert is the newest member of the Bridgend Staff, officially joining the team in June 2017 after having worked for Bridgend on a voluntary basis for a number of years.

Outside of work Robert likes to travel in his beloved camper van.

*What do you like best about working at Bridgend?*

*“Being part of a friendly, welcoming team in a busy environment. Despite being in an office based role, I really enjoy interacting with the visitors to the centre.”*

### Focus on a Volunteer— Louis Haugthy and Phil Jennings

Lou and Phil are a dynamic duo who have been volunteering at Bridgend for many years.

They are known for their dedication and high quality craftsmanship in the Bridgend workshop making bespoke woodcraft items. In addition to this they also carry out maintenance jobs at Bridgend to keep the centre running smoothly.

They contributed to our walking trails project by creating fantastic art installations and benches along the trails.

We would like to thank them for all their hard work and contribution to the centre over many years of volunteering.



## Meet our staff



Rebecca Lea  
Centre Manager

[rebecca@bridgendcentre.org.uk](mailto:rebecca@bridgendcentre.org.uk)



Jane Hoyland-McGill  
Community Worker

[jane@bridgendcentre.org.uk](mailto:jane@bridgendcentre.org.uk)



Tricia Hodgkiss  
Community Worker

[tricia@bridgendcentre.org.uk](mailto:tricia@bridgendcentre.org.uk)



Robert Davies

Finance Officer

[robert@bridgendcentre.org.uk](mailto:robert@bridgendcentre.org.uk)



Anna Hatley  
Community Worker

[anna@bridgendcentre.org.uk](mailto:anna@bridgendcentre.org.uk)



Diana Storey

Charity Shop (Saturdays)



Kerry Langstaff  
Community Worker

[kerry@bridgendcentre.org.uk](mailto:kerry@bridgendcentre.org.uk)

## Donations

We are always very grateful for any financial donations. Your donation allows us to provide continued support to the people of Bollington and surrounding areas.

If you would like to make a cash donation to the Centre please visit our web page at [www.bridgendcentre.org.uk/donate](http://www.bridgendcentre.org.uk/donate) or call 01625 576311 and ask for Rebecca Lea, Centre Manager.

Thank you.

## Bridgend Centre Contact Details

Bridgend Centre, 104 Palmerston Street, Bollington, Cheshire. SK10 5PW

Tel :01625 576311

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Registered charity number 1123287

