

Essential Information

All walks start at 10:15am unless otherwise stated. It is **£3.00 per walk** – includes tea, coffee and biscuits at the end of the walk.


The Wednesday walks vary in difficulty & length each week and so we have a ratings system to provide information on the difficulty of each one which is detailed in the key at the bottom of this sheet. If you are unsure of your level, try a short and easy walk first. You can also have a chat beforehand with any of the Bridgend staff to get information on what the terrain may be like. Please bear in mind that the conditions underfoot will vary depending on the weather. Please wear suitable footwear, clothing and equipment. It is also advisable to bring a drink on the walks as we normally have one five minute stop.


We also have a longer walk on the first and second Saturdays of most months (marked in blue). Please bring a packed lunch with you on these walks as they are expected to finish at approximately mid-afternoon.


Dogs are welcome to join us on most walks, but should always be kept on a lead. If dogs are not allowed on any of the walks, it will be indicated on the walk information (for example if we go on a path where they are not allowed). All those taking part do so at their own risk.




Boot rating for walks

 Easy: No steep climbs and taken at a gentle pace

 Moderate: May have steep climbs, but if they do they will be taken at a gentle pace

 Energetic: Generally will involve steep climbs and descents, will cover a moderate distance at a steady pace

 Strenuous: Requires fitness and stamina to cope with several steep climbs and will cover a long distance at a faster pace

Bridgend Centre Walks



Guided walks in Bollington

April—June 2018

Bridgend Centre, 104 Palmerston Street, Bollington, SK10 5PW

01625 576311 or info@bridgendcentre.org.uk












www.bridgendcentre.org.uk

We are a registered charity. Charity no: 1123287

Commissioned to deliver services for



Bridgend Walks Calendar April—June 2018

Date	Walk Description	Length	Boot rating
Wednesday 4th April	Water and steam via Adlington (Nostalgia Trail 7)	6 miles	
Saturday 7th April	Ingersley Vale, Kerridge, Gin Clough, Jenkin Chapel, Charles Head and return via Harrop Valley	9.5 miles	
Wednesday 11th April	Ingersley Vale, Trig Point, Kerridge Ridge and Nancy	4.5 miles	
Wednesday 18th April	The Nab and Long Lane. Easy walk apart from steep climb up the Nab	4 miles	
Saturday 21st April	Kettleshulme and Taxal Edge	11 miles	
Wednesday 25th April	Canal, Higher Hurdsfield and Kerridge (Nostalgia Trail 6)	5 miles	
Wednesday 2nd May	Lowerhouse, Butley Town, Dumbah Hollow, Tinkers Clough and Macclesfield Canal	5 miles	
Saturday 5th May	Mottram St Andrew, via Prestbury and return through Hare Hill gardens.	11 miles	
Wednesday 9th May	Highways and secret byways – walk to Rainow and return	5 miles	
Wednesday 16th May	Bluebell walk	4.5 miles	
Saturday 19th May	Teggs Nose Country Park via Lamaload, returning partly via Gritstone Trail and below Kerridge Ridge	10 miles	
Wednesday 23rd May	Windmill Lane, Kerridge Ridge, White Nancy & Ingersley Vale	4 miles	
Wednesday 30th May	Hedgerow, Harrop, Further Harrop (Nostalgia trail 2)	5 miles	
Saturday 2nd June	A walk to Jenkin Chapel via Waggonshaw Brow and return via Rainowlow and Lima Clough	8.5 miles	
Wednesday 6th June	Hedgerow and Harrop Wood (Nostalgia Trail 2)	4.5 miles	
Wednesday 13th June	Lowerhouse, Butley Town, Dumbah Hollow, Tinkers Clough and Macclesfield Canal	5 miles	
Saturday 16th June	*Public transport walk* - We will be walking to Buxton via Shining Tor and the Goyt Valley. A hilly and challenging walk. We will return to Bollington on the bus via Macclesfield (leaving Buxton at approximately 5—6pm). The walk is £3 which does not include bus fares (approx. £6-£7). For more information please ask at Bridgend or check our website	13 miles	
Wednesday 20th June	Up the Nab. Easy walk apart from steep climb up the Nab	4 miles	
Wednesday 27th June	Pott Shrigley, Harrop Wood and Ingersley Vale	5.5 miles	